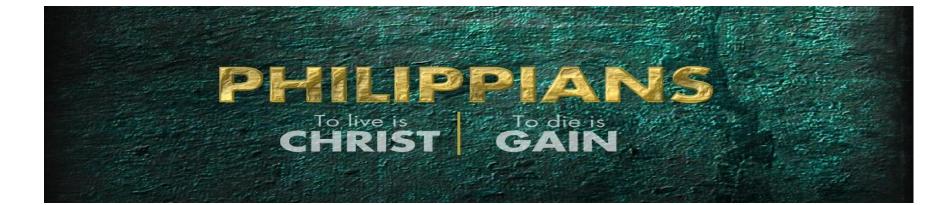


Chapter 4:2-9

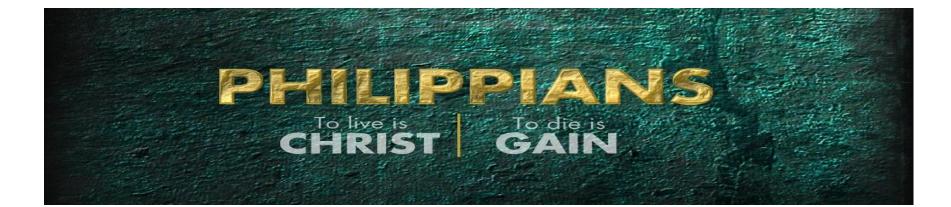
Don't be anxious



V4 Rejoice in the Lord always. I will say it again: Rejoice!



V5 Let your gentleness be evident to all. The Lord is near.



V6 Do not be anxious about anything...



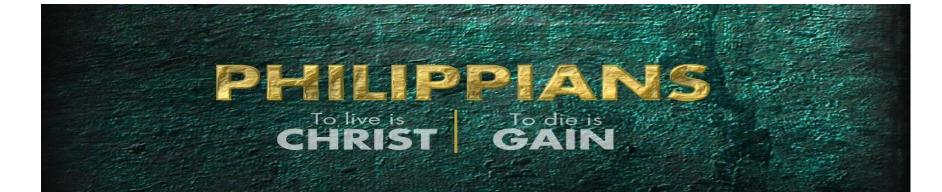
V6 Do not be anxious about anything, but by prayer and petition, with thanksgiving present your requests to God.

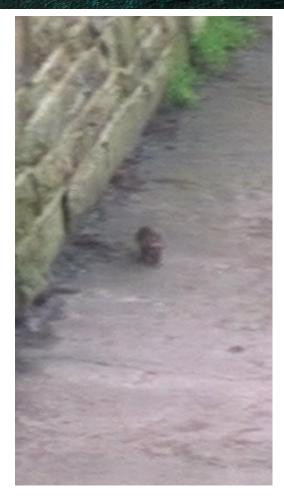


V7 And the peace of God, which transcends all understanding will guard your hearts and your minds in Christ Jesus.















- Is your life full of worry?
 Do you want to change your perspective?
- Do you want God's peace to guard your heart and mind?Paul says pray